Red Shoe #899: Personal Lie Detector:

(Technique Type: Top Secret)

- {Future Lee: <u>REALLY</u>, guys? You give humans <u>WAY</u> too much credit, <u>entrusting</u> them with <u>this</u> shit...1.30.17}.
- {Future Danna: <u>Really</u>, Lee? I think it's <u>fun</u>. (3. <u>Don't</u> worry. Nothing <u>scientifically</u> <u>accepted</u> is taking place here. Just <u>children's games</u>. <u>Right</u>?...1.30.17}.
- {Future Lee: <u>Children's</u> games, <u>again</u>, like {<u>Jumamji</u>}. The video store got to gouge us on <u>re</u>renting <u>that</u> one, <u>back</u> when you weren't thirty-<u>one</u>...1.30.17}.
- {Future Cat: It was <u>relatable</u>. Like how we <u>shouldn't</u> teach this <u>exercise</u> to -...1.30.17}.
- {Future Danna: —<u>Whoever</u> is left <u>reading</u> is doing so by virtue of <u>A</u>. Having done the exercises <u>properly</u>, <u>B</u>. Having done <u>none</u> of the exercises <u>whatsoever</u>, or <u>C</u>. Proven to be a <u>real trooper</u>. A real <u>human cannonball</u> of a <u>trooper</u>. {3...1.30.17}.
- {Future Cat: Welcome to <u>MY world</u>, audience. <u>Don't</u> be stupid. You <u>wouldn't</u> ignore the warnings on <u>industrial glue</u> and wind up plastered to a post. <u>Don't</u> ignore the warnings on <u>this</u>. Don't be a "human <u>cannonball</u> of a <u>trooper</u>" <u>please</u>...1.30.17}.

Basic Concept:

 Are you <u>not honest</u> with yourself? Do you have <u>difficulties</u> listening to your gut? This advanced technique is <u>very annoying and finicky to reverse</u>. By <u>learning</u> it, you are <u>agreeing</u> to its <u>semi-permanence</u>. You are a <u>warrior</u>. You are in <u>control</u>.

- (Or, you, know...This is glue. You have skin. There's a post. If you glue yourself to the post, either you or the post is going to have problems when we <u>remove</u> you).
- (Your glue-removing solvent here? See my lesson on <u>patience</u>, and combine it with the <u>pain-in-the-ass technique</u> at the end of this chapter. I <u>promise</u>, <u>you won't like</u> <u>it</u>).
- I am assuming that <u>anyone excessively reckless</u> has quit this book by now to lick some wounds and remove some splinters.
- If you're looking to <u>prove something</u>, those were the <u>thistles</u>, and <u>this</u> is the <u>cactus patch</u>.
- <u>Cactus</u> patch.
- <u>Cactus patch</u>.
- <u>LISTEN</u>.
- Don't be stupid.
- Make <u>healthy, careful, choices</u>.

• I have given you the tools to avoid hurting yourself, so either use them properly, go sit with the spectators, or leave the dojo while you're still intact.

WARNING AND DISCLAIMER:

- Don't <u>start anything</u> until you <u>read the instructions through thoroughly</u>, at least once.
- You only have one brain. Don't treat yourself like a build-your-own furniture kit.
- Ask your doctor if you have any mental or physical health concerns at any point. As I've warned you, shit can get weird, and I am not medically qualified to assess or fix you.
- Ask yourself if you <u>should be allowed</u> to condition yourself into a lie detector, as I will <u>not</u> take responsibility for the <u>consequences</u> of such a choice from here on in.

In my own experience...:

- I <u>personally</u> have this technique <u>permanently embedded</u>. By this, I mean I have regularly been using the same secret triggers for a <u>long time</u>.
- These days, it arises suddenly and vanishes again, on an "oh, it's you again," basis.
- The technique tells me <u>both</u> what I <u>do</u> and do <u>not</u> want to hear.
- Sometimes it criticizes me, and sometimes it just corroborates food cravings.

- It is a blessing and a curse.
- It hurts your feelings sometimes, as a <u>rule</u>.
- It is a <u>cactus</u> patch.
- Don't head into this technique wearing a thong and flip flops with a case of beer and a bag of gummy bears as rations.
- Watch for <u>opponents</u> high-jacking the ability.
- Ironically, it can even lie sometimes, if a particular figure wants you to think or feel something untrue. Do <u>not</u> take the technique as a beacon of truth, but as a subtle instinctive hinting system!! Everything is "<u>of note</u>", <u>not</u> the <u>absolute positive</u> <u>truth</u>. I condone highlighting this part. In fact, I'm <u>making it red</u>.

And now for a poorly-placed note about buying textbooks:

- I went to university for a while, which is the one place where you find yourself digging through last year's used textbooks *for* pen and highlighter.
- Buying new is like choosing a "<u>pure" treasure map</u> over the one that has tips and trap warnings scribbled all over the margins.
- I prefer to <u>know</u> what <u>helped other people</u> pass the course.
- You <u>aren't</u> buying a textbook for <u>aesthetics</u>, after all. <u>More help</u> is <u>more help</u>. It's a no-<u>brainer</u>.
- If you've read <u>THIS</u> knotted and mangled book <u>this far</u>, I <u>appreciate</u> you, so I can <u>reveal</u> this to you, and let you fight over the used college books <u>amongst</u> yourselves.

Why are you so fucking repetitive?:

- My book will ideally function like the transcript of a dojo class got mixed up with the pages of a screenplay.
- In a dojo, you don't learn to kick, for example, <u>only once, on Day 2</u>, as a way to maintain your teacher's air of style and mystery...
- No! Every session, your technique is corrected again and again, until you Kick well.
- As <u>I can't be there</u> to monitor your progress and help you to improve your technique, the <u>best I can do</u> is to pop up every now and then <u>as you read</u>, to work on a few <u>improvable habits</u> with my responsible students, and to yell at the daredevils for not wearing their "mouthguards".
- Repetition leads to knowledge.
- Ideally, I want to iron out the bad habits BEFORE you can master them.
- *This shit* ain't a novelty trick. I <u>must</u> keep my readers safe.
- As an <u>added bonus</u>, despite having written <u>only one book</u>, readers will be able to <u>legitimately</u> use the phrase "<u>as Cat always says...</u>" before a sentence...Probably by Chapter 5...This may even be some kind of record.

<u>On remaining a drop-out:</u>

- Adrenal fatigue <u>is no joke</u>, especially when they suspect you might be on the autism spectrum.
- University <u>nearly destroyed</u> me.
- It took <u>forever</u> to make sense...

- If I can <u>actually be useful</u> to other people, it will be as a selectively-respected, unqualified whack-job. I will nestle myself gingerly among the purple fonts and wait to spring out and scare the right people.
- It seems a person is <u>often</u> left with a choice between having credentials and philosophizing about or testing out metaphysical subjects.
- If you choose to pursue a higher education, do it in the name of combining work and passion, and choose your niche carefully.

Multiple's choice:

• I <u>think</u> my figures are <u>working together</u> to make me write this book more efficiently. I'm sometimes <u>sure</u> of it.

Diary of a former daredevil:

- I <u>healed a few things</u> to an <u>incredible</u> extent, <u>yes</u>, but I <u>also</u> landed some Inner gymnastics wrong without a safety mat.
- After all <u>I've</u> gone and done, I may have gotten off <u>easy</u> with my injuries.
- A <u>wrong sound</u> hurts my ears, which creates a <u>flinch</u>, which hurts my <u>spine</u>, which hurts my <u>head</u>, which makes me gradually feel <u>sicker and sicker</u> in the presence of the sound.
- My body tries to curl into some <u>rigid defensive posture</u> that really hurts.
- The <u>wrong</u> high pitches, repetitive sounds without a rhythm, and sour notes, are the worst.
- I'm working on it.

- However, the standard exposure therapy, the therapy of facing your fears, <u>doesn't</u> <u>work</u> on my condition because of the <u>resulting physical pain</u>.
- The pain creates the <u>same effect as a shock collar</u>, which causes the <u>source of</u> <u>the sound</u> to <u>now become stressful</u>.
- Or the <u>location</u>.
- Or <u>likely locations</u>.
- Meaning my whole torso can ache like I woke up after walking ten miles up a hill...simply because I spent more than an hour in an inappropriate public setting.

Suspecting Inner foul play:

- To be <u>clear</u>, I accept this as <u>one of many possibilities</u>, though the <u>likelihood</u> continues to rise.
- What I suspect <u>may yet</u> prove to be an awakening symptom.
- The <u>perfect painful mechanism</u> that <u>forces</u> me to <u>require a great deal of quiet</u> <u>time</u> with which to <u>write more efficiently</u> makes me <u>suspicious</u>.
- Especially because it can <u>cause so much pain</u> while doing <u>so little</u> actual physical damage.
- This <u>seems</u> like the Kind of thing <u>a figure WOULD do</u>, if it wanted to influence its host drastically <u>without</u> shortening its lifespan.
- And, my, but they're <u>opinionated</u> about this book!
- As <u>several figures</u> talk as though they want to restrict my social, work, and/or dating lives in favour of this book in the <u>first place</u>, I <u>sometimes</u> suspect that my condition isn't a coincidence.

- What's happening to me would be an <u>AMAZING Inner scheme</u> if it was one.
- It <u>circumvents the ego's decisions by force</u>, it's <u>efficient</u>, and it's <u>minimally</u> <u>damaging</u> to health.
- It has the <u>added</u> effect of degrading the ego's confidence in its own capabilities. Fearing cash registers is <u>not</u> a morale-booster.
- This causes me to <u>turn to my figures for help</u>, thus encountering the suggestion <u>that I work on this book</u> for the time being.
- I <u>wish</u> they'd chosen a <u>gentler prod</u>, if there even <u>is</u> one.
- I <u>may</u> make <u>more editing mistakes</u> due to those <u>damn dogs</u>...! <u>Those</u> ones stop, <u>this</u> one starts...my gods...It isn't easy editing a textbook's worth of pages brimming with made-up words in the first place.
- I <u>will</u> cure it, <u>no question</u>...I just need to spend a <u>few hundred</u> more hours sorting out the <u>fucking mechanism</u>.

The defocus component:

- In case you haven't noticed, <u>defocus</u> is a <u>lot</u> harder than focus.
- Defocusing physical phenomena is <u>entire grades</u> of difficulty beyond producing convincing Inner replicas of physical phenomena.
- If someone were to <u>master</u> defocus, for example, physical pain could become <u>optional</u>.
- Clearly, this is <u>no small feat</u>, so I'm almost counting on my issue being a symbolically curable malady and not a precursor to a decade of pain mastery training.

- I sincerely hope that finishing this book will symbolically solve my hearing issue.
- This has been my educational daredevil story...
- <u>Your lesson here</u> is, don't risk offending the function in charge of your ears, or gods forbid heart or lungs. Even if you Inner marry the most offensive creature possible, try to behave <u>well enough</u> to get <u>by</u>, <u>yourself</u>.
- My lesson? <u>I</u> may be suffering this <u>whole strange torment</u> as a well-meaning, yet ironic, form of tough love.
- This book allows me to finally express my repressed secret identity, at least. If my ego gets crushed into a fine paste, so be it.

It isn't for everyone, I know ...:

- I would sincerely like to meet more people like me, beginners and adepts.
- I'm personally good at <u>developing and experimenting with new skills</u>, <u>not mastering</u> <u>particular skills</u>.
- Many of you will <u>likely</u> outdo me in <u>many</u> of my skills. This is a <u>tremendously</u> exciting idea for me.
- We may even amass enough skill to achieve that scientific stamp of approval one day. I won't expect it in <u>my</u> lifetime, but it would be incredible.

<u>Very unusual side-effects</u>:

- My later <u>Karaoke Party technique</u> can't be faked, though admittedly some people can gain something similar through conscious means, and a <u>great deal</u> of musical effort. It <u>works</u>, but remains unprovable.
- Some "coincidences" are too seemingly unlikely to appear outside of fiction.
- Say you see the number <u>1251</u> all the time, like I once did. Sometimes I would even see it three or four times in one day. It would appear in a game's score, or gold count. Clocks on various media players would often <u>freeze</u> at twelve minutes and fifteen seconds.

Internal vs. External synchronicities:

- Keep track of <u>repeated images</u>.
- Know that it's <u>often</u> impossible to tell whether a shocking chain of coincidences is an external phenomenon, an effect you <u>created</u> somehow, or simply your mind calling your attention to an important symbol.
- Repeatedly seeing 1251, for example, could easily be a matter of <u>my own</u> focus being redirected.
- The 1251 <u>repeti-lagging</u> on digital clocks, on the other hand, I <u>can't</u> account for. This could be an <u>unusual effect</u> I have on digital clocks, or something <u>external</u> being communicated to me.
- Noticing artwork of sharks on fire everywhere could be a matter of focus being redirected.
- On the other hand, two people reading about sharks on fire, in two different books simultaneously, in the same room, is clearly <u>more</u> than a matter of simple redirected focus. It's either an <u>extreme coincidence</u>, or the effects of something we can't quite place yet.
- This happened to two people I know with the word "Berliner" in a crossword, and, I believe it was, a magazine or newspaper.

Don't confuse "poltergeist" with "important":

- A <u>powerful internal phenomenon</u> may be <u>just as important</u> as flashier cases of seemingly-poltergeistic, unrealistically coincidental, electrical behaviour.
- (If you would like to avoid strange activity around your home, such cases are <u>characteristic</u> of trying to perform <u>advanced cooperation/channeling/possession</u> <u>skills</u> while <u>still at a low control level</u>, <u>and likely at a high enough power level to get</u> <u>hurt</u>).
- "Wearing" exercises come later, and as you may have expected, are 90% warning.
- <u>Sure</u>, icy fingerprints and possessed electronics are <u>impressive</u>, but there are plenty of <u>hands-on</u> Inner experiences that are <u>even more</u> impressive.
- Sure, some poltergeists <u>can</u> be dangerous, but not <u>as dangerous</u> as something that has the ability to tamper with your <u>personality</u>. <u>PAY ATTENTION</u>!!!
- Be <u>respectful</u> of the game, and <u>careful</u> as a <u>habit</u>.
- <u>Anything might be more powerful than it seems at first</u>.
- Keep yourself *intact*. If not for me, do it for the *dojo*.

<u>Alternate optimization:</u>

- Be <u>careful</u> what you wish for...
- I am <u>equipped</u>, in the most *fucked up* way, to complete this project optimally.
- I sometimes stay awake <u>31 hours</u> without sleep, often while eating very little.

- This blossoming, yet-out-of-control ability, comes on <u>sporadically</u> for a few days, then <u>recedes</u> again, suddenly. The <u>mechanism is yet unknown to me</u>. When I take my allotment from that asshole who beat me up, it <u>DOES</u> seem to increase.
- Ah well. If something is happening on his end, it's just a coincidence. It's always just ONE FUCKED UP BIG COINCIDENCE, am I right?
- If you haven't seen an unlikely hike in ridiculous coincidences yet, give it a few more weeks, further your storyline, <u>and</u> improve at mental pushups and situps.
- Weird shit is a sign that you're getting it right. I am <u>NOT</u> the first person to experience a maddening increase in "coincidences" with Inner work...
- In any case, in addition to near-ambidexterity, auto-tune by cooperative possession, and the sleep thing, I've noticed an immune boost.
- I heal fast, and <u>rarely</u> hold onto a cold or flu for more than a few days.
- (...Unless I'm trying to date someone <u>Lee</u> disapproves of at the time. <u>Then</u> I'll have it for a <u>month</u> or something...).
- Most <u>worldly social interaction</u> I find exhausting and confusing due to my change in emotional mechanism.
- Normal people <u>experience a situation</u>, and then one of their emotions <u>reacts</u> involuntarily.
- However, \underline{I} now <u>find and enact</u> an emotional mechanism, in order to <u>produce results</u> that simply <u>mirror</u> the sensation I am <u>already producing</u>.
- I've learned to express many of my negative emotions via battle and solving.

Adaptive difficulties:

• Some things are now more difficult than before, in a <u>near-mechanical</u> way.

- To be interested in someone's new dress, I imagine how they must feel about it to create a release prompt. I then hold this release prompt in focus until I've spent the required amount of resources on feeling interested in the dress.
- To enjoy a chocolate, I must bring up a release prompt for chocolate. The release prompt provides all of the pleasure that a real chocolate does, minus the sugar rush and stomach fullness.
- No prompt, and the chocolate doesn't really taste like anything, or provide anything aside from a sugar rush.
- This means that <u>many</u> activities that I once accessed <u>solely</u> for enjoyment have become reminiscent of practising an <u>instrument</u> using <u>moderately difficult sheet</u> <u>music</u>.
- For <u>this</u> reason, it often more pleasurable to avoid pleasurable activities...To save and use my pleasure, without feeling restricted to <u>tailoring</u> it to immediate physical prompts.
- Besides...The <u>pleasure</u> release is a <u>somewhat rationed</u> resource. Anything <u>less</u> than <u>perfect</u> ceases to suffice as entertainment, but will <u>still</u> use up your resources.
- This can cause troubles with others...as their every drive and desire may begin to look like stamp-collecting to you.
- Most games I <u>now</u> play as a way to rest while enhancing my coordination, timing, and artistic flexibility.
- I <u>used</u> to play certain video games for pleasure alone. I now find it easier and cheaper to just binge those <u>feelings</u>.

<u> Ability-Curse Combos:</u>

• Using <u>Karaoke Party</u>, I can express my emotions in musical harmonies, like I have <u>built-in auto-tune</u>. This developed <u>on its own</u> as an ability over a matter of weeks.

It requires the use of <u>often-dorky</u> hand motions I can only hope don't mean anything bad in sign language.

- This came <u>WITH</u> the sound problem. It proves to be a double-edged sword, as even <u>low levels</u> of normal environmental noises, like dogs, can now <u>auto-UN</u>-TUNE my emotions right down to a spine-chipping <u>flinch</u>.
- It's like every part of me <u>but</u> my ego is conspiring to keep me <u>in my home</u> until this project is complete. My ego is only <u>complying so well</u> because it's afraid of firealarm-reacting to cash registers.
- I spend <u>much</u> of my non-writing time trying to chase my <u>audio skills</u> to a place I can't quite reach yet.
- Fortunately, the <u>right</u> bass sounds can also <u>forcibly auto-tune</u> me to something resembling the mental sensation of melted butter or chocolate.

Changes in pleasure value can change things:

- The world hasn't seemed the same since my emotions changed.
- However, I was quite depressed before this blank slate state developed, so for the <u>most</u> part I find it a <u>tremendous relief</u>.
- Manual emotions help you to access sensations you didn't know were possible. What sex was to puberty, these sensations are to a normal adult.
- Amazing, new, obsessive, and confusing.
- Material luxuries, apart from surviving, have lost value for me after what I've experienced.
- The material <u>feels small</u>.
- Admittedly, I'm still in an awkward transitional phase.

- I am not behind the veil enough to be <u>reliably happy yet</u>, nor am I pleased anymore by the material world after catching a glimpse behind the veil.
- It's hard to crave a feeling you <u>can't fully remember</u> while all those things everyone <u>else</u> chases, like money, food, possessions, and all the "<u>good things</u>" in life fade to numbness.
- It's hard to find worldly ambition when your <u>mind</u> can voluntarily produce the kind of pleasure that would cost a normal person a years' salary in food and entertainment.

<u>Backlash</u>:

- It's inconceivably perfect, what you can mimic.
- <u>Better</u> than real.
- And then, something very surprising happens...
- In the same way eating a favourite food <u>every single day</u> can make it seem <u>bland</u>, <u>pleasure itself</u> can become bland.
- It becomes <u>too easy</u>.
- At first, you feel something resembling <u>guilt</u>, because <u>pleasure</u> should make you happy, and you are now the <u>master</u> of it.
- This is a disheartening feeling at first, until you recognize <u>how many flavours</u> the mind holds, and begin to figure out <u>where it keeps them</u>.
- You develop an appreciation for the unknown.
- · Your remaining pleasure will take the form of insatiable curiosity.

- You <u>can crave</u> something you can't explain...The raw underlying form and the power and energetic dynamics.
- For a long time you might <u>mentally crave</u> something you once experienced in a trance state, that <u>can't</u> be put into words, because there <u>aren't</u> any yet.
- At such a point, <u>you don't</u> understand other people, and <u>other people</u> don't understand you.
- It feels like all of life has become a stamp-collecting club, and you're the <u>only</u> one who doesn't find it entertaining.
- There is <u>no</u> relating to the materially wordly anymore, which is the <u>surface layer</u> most people <u>want</u> to remain on.
- You come to meditate <u>less</u> because you're <u>disciplined</u>, and <u>more</u> because you're <u>addicted</u>.
- There <u>can't</u> be the same give-and-take as before, as you can't <u>ever</u> explain where you've <u>been</u> well enough to give it justice.
- You know when you mixed purple and yellow paint together as a kid, expecting it to turn into something wonderful, but it <u>didn't</u>? It's kind of like I've seen that colour. I've <u>seen</u> the colour <u>pellow</u>.
- It's also kind of like I've <u>tasted</u> that colour. Very sweet.
- Synesthetic abilities are hard to wield, but beyond fun in small doses.

- That being said, <u>respect people</u> who have <u>synesthesia as a condition</u>, because even <u>minor</u> synesthetic abilities take a <u>lot of hard training to wield</u>.
- To have it continuously, and not as a choice, can require a <u>tremendous</u> amount of continuous hard work.
- What I've done to myself can be undone. I condemned myself to a comparatively small amount of synesthesia. I'm just a stupid-ass daredevil.
- If you try advanced things at intermediate levels, synesthetic effects can come charging up on people like me before they're properly trained, to sucker punch them in the face with some of the cutest phobias on the planet.
- <u>Overusing enhancements</u> provides one of the <u>worst</u> risks. If you enhance something <u>faster</u> than you <u>should</u>, it can complicate <u>a variety of things</u>.
- ...Like what happens when you, say, over-train without paying proper attention, then suddenly notice blue lights are <u>fifty</u> times their <u>previous</u> intensity.
- Such an experience may be <u>very real</u> to you, to the point where it gives you <u>very</u> <u>real headaches</u>, but it looks pretty weird to outsiders.
- There are way more badass ways to get hurt.
- A tremendous, <u>uselessly-disembodied</u> enhancement like <u>BLUE LIGHTS</u> can be <u>adapted to and stabilized</u> with work, but <u>the work SUCKS</u>, and must be performed in such a way that it <u>doesn't cause PHYSICAL pain</u>...in order to <u>avoid it</u> <u>worsening</u>, exactly like a <u>shock-collar response</u>.
- This is avoidable by going slow and developing control before power. Remember.
- On the <u>other hand</u>, when you can convince your entire body that all of your senses are simultaneously <u>feeling</u> the way <u>bacon tastes</u>, new realms of possibility open up.
- States more perfect than we can physically experience become accessible (though

you may spend a lot of time <u>fumbling around blindly</u> for them if you lose sight of them the first time).

- <u>Samadhi</u>...is what it <u>must have</u> been...
- The best explanation, I suppose, is water when you're the most thirsty you've ever been, or several orgasms at once, but this <u>still</u> doesn't explain the effects when you factor in <u>time distortion</u>...Flying like a superhero?...<u>Closer</u>...
- How can you go back to your <u>old drives</u> after something like that?
- I can <u>only warn you</u> that, while it's <u>supremely wonderful</u>, it can be <u>tremendously</u> <u>costly</u>.
- I can only tell you what <u>I've</u> encountered, and how I faced it <u>myself</u>.
- Mystics have a history of giving up on worldly pursuits for a reason.
- That reason <u>isn't</u> purple font superiority, which you may <u>also</u> stumble across in Messiah Phasers. It's <u>drive itself</u>.
- It's a legitimate disinterest cultivated naturally.
- Until the <u>positive functions</u> become <u>more reliable</u>, this <u>legitimate disinterest</u> may <u>cause anxiety</u> and be <u>mistaken for depression</u>.
- Ironically, the students who may <u>later</u> come to me <u>suffering from long-term</u> <u>existential depression or anxiety</u> are <u>likely</u> to be <u>skipped ahead a few grades</u>, so to speak.
- They are <u>already</u> highly experienced in a <u>difficult</u>, <u>abstract</u>, form of <u>Inner battle</u>.

You can't crave something you aren't ready to access:

- Becoming <u>this</u> kind of <u>non-materialist</u> only <u>seems</u> counterproductive, painful, or boring because the new set of <u>drives</u> can't be <u>grasped</u> by those <u>without them</u>.
- Accessing <u>altered states</u> without practice is kind of like swimming or cycling without practice. It's <u>easy</u> to <u>find cycling a boring waste of time</u> if you <u>can't</u> <u>cycle yet</u>.
- Imagining or visualizing the state is only about 2% of the actual process, and the rest is <u>long-term body memory</u> and <u>muscle development</u>.
- Remember when you were a kid? The opposite sex was gross, cartoons were better than grown-up television, you swore you'd eat nothing but cake and french fries as an adult, and decided that you'd one day live in a secret watchtower with a pet badger or something? Remember having kid drives?
- You probably have <u>different drives</u> now.
- We are <u>taught</u> to be <u>driven towards worldly success</u> as an adult.
- You likely now associate your <u>old</u> dreams with unpleasant thoughts, of <u>animal</u> <u>droppings</u>, and puking over-eaten cupcakes off of an inappropriately built condemned structure.
- However, once you learn to release the <u>pleasure component</u> of what you are striving for <u>on its own</u>, your drives change again, just as drastically as before.
- The difference in drive between <u>childhood</u> and <u>adulthood</u>...Is the equivalent of the difference between <u>regular adult emotions</u> and <u>manual emotions</u>.
- To be clear, my state <u>still follows drives</u>, just <u>different drives</u>. I have no illusions about being superior to anyone else. I am simply <u>skilled at producing certain</u> <u>effects</u>. These effects produce <u>drives</u> that <u>counteract</u> certain kinds of greed.
- That's <u>all</u>.
- <u>New drives</u>.

The new drives:

- Despite the occasional suffering my experimentation with the mind has caused me, I have <u>recovered more than I've lost</u>, and I wouldn't even consider exchanging what I've gained for a trillion dollars.
- That is why I <u>continue to share what I know with you</u>, despite my hurdles. I have <u>no</u> <u>regrets</u> about doing the work I do.
- If I regret <u>anything</u>, it's that my learning prevents me from connecting with other humans. It would be nice to share interest with others again.
- I <u>can't</u> be the <u>only one</u> who finds this work worth it. After what <u>I've</u> seen it do...
- Why <u>not</u> scare off the <u>faint-hearted</u> with <u>warnings</u>, and let <u>other pioneers</u> try their <u>hand</u> at it?
- Everything I face is new.
- As always, I can <u>only hope</u> I'll remain strong through the <u>next mysterious</u> <u>transition</u>, as I've learned to expect <u>just about anything</u>.
- Surviving as a pioneer requires a <u>precise</u> blend of optimism and cynicism.
- The right blend of hope and preparation for the worst.
- <u>Hopefully</u> I will find where I belong with this book.

- <u>Hopefully</u> there <u>are</u> others like me.
- <u>Hopefully</u> I'll be able to create a <u>true Story Game dojo</u> full of <u>dedicated pupils</u> and fellow <u>self-experimenting mad scientists</u>.

<u>What am I?</u>:

- There are <u>many terms</u> for what I am, but for the most part, I'm an unqualified mad psychologist and spiritual scientist.
- Some will see me as an interesting psychological specimen.
- Some will see a conspiracy, which won't be mine, but a <u>Base figure's</u> message trying to get out and inadvertently <u>fuck</u> with me.
- Be <u>aware</u> that, from what I've experienced, each person has at <u>least</u> one intelligent, sabotaging, unknown figure inside themselves that can <u>likely</u> account for <u>several situations</u> that played out <u>too poetically badly to be true</u>.
- Try and remember that it may <u>look</u> human, but likely only has a form at all as a way to play Story Game with you.
- When I say "sabotage", I mean that when you find a <u>symbol hidden in art</u>, it's possible that the <u>artist's persecution complex</u> put it there for the <u>sole purpose</u> of <u>getting the artist publicly criticized</u>, <u>attacked</u>, <u>or humiliated</u>.
- Some people <u>may hate this book</u>. Others may follow my experiences more religiously than <u>their own experiences</u>, at a <u>cost to themselves</u>.
- Some will think I'm crazy, and some with think I'm lying.
- Some will believe I'm <u>much better</u> or <u>much worse</u> than I am.

- Some will <u>actually</u> attempt the work as intended.
- Some will know me for what I am.
- <u>You</u> will be my people.
- Back to the technique ...

The lying lie detector:

- Figures can ironically hijack your lie-detector process to lie.
- Notice which figures are present when your lie-detector reacts.
- For the <u>most part</u>, I fixed this problem by giving the Inners their <u>own</u> group opinion muscles.
- Having ego muscles <u>and</u> shadow muscles helps.
- My most confusing figures talk through their own set of muscles now.
- Once you train up the lie detector, it can hurt even the <u>strongest person's</u> feelings from time to time.
- My detector often goes off when I screw up in a video game, before I've noticed it myself.

Don't choose this in a rush:

- There is <u>no harm</u> in waiting to develop good defocus before learning this technique.
- The decision <u>should not be made in haste</u>...especially considering your <u>most pressing</u> emotions are <u>likely</u> to cause the biggest twitches, and the tool will be attached to your body.

<u>Auto-solve risk:</u>

- In case you <u>can't tell</u> how the <u>side-effects</u> work yet, something that clues you in to <u>deep realizations</u> the way the lie detector does, <u>can</u> cause <u>auto-solving errors</u>.
- If you <u>don't</u> want the <u>added curse of insulting other people</u>, the workings of your personal lie-detector <u>should remain a secret</u>.

An example of what can go wrong:

- Person A: Would you like to help me learn how to do algebraic equations before tomorrow?
- Person B: Of course, I would love to help you!
- Person A's Finger: Tap! Tap!.......<u>TAP</u>! (NO! NO!......<u>NO</u>!).
- The lie detector consists of programmed muscle twitches.
- Only program muscles you don't mind twitching.
- <u>Don't program vital muscles</u> you need to <u>use often</u>, especially if causing them to <u>twitch</u> may impede your safety.
- <u>Very secretive people</u> may wish to use <u>toes</u> (as they can be hidden with shoes or socks, and are thus more private).

• (I <u>somewhat regret</u> not training my toes instead of my fingers, though my fingers are well-coded and hard to guess).

Prerequisite:

- The <u>willingness</u> to know the gritty truth about yourself.
- The desire to harness <u>instinctive knowledge</u> (especially pertaining to the people, foods, comforts, worries, and television programs that the <u>instinctive mind</u> deems worthy of attention).
- The willingness to experience a potentially-annoying physical sensation as a tool ...
- (A tool with enough of a mind of its own that it <u>may even</u> choose to temporarily restrict itself to <u>passive aggressive insults</u>, or to <u>reacting to stupid decisions it</u> <u>sees in movies</u>).

Before Programming the Machine:

- This is simple enough for <u>anyone</u> to learn, but consider a <u>few</u> things...
- The <u>program</u> consists of using <u>muscle twitches</u> as <u>true or false</u> signals, particularly finger or toe twitches.
- You <u>do not</u> want to program <u>career-necessary muscles</u> to twitch.
- A customer service worker with twitching eyebrows, or a metal worker with twitching elbows <u>might not</u> be okay. Twitching <u>eyes</u> may be one of the <u>most</u> <u>annoying</u> things <u>ever</u> for <u>anyone</u>. A twitching butt might stop being funny <u>quickly</u>.

- Consider your future and program appropriate muscles accordingly.
- Think hard about your life.
- Maybe your choice will provide an unacceptable poker tell for you or something, and you'd rather not have your thoughts revealed at all.
- Maybe \underline{toes} would work better, and \underline{I} would reconsider choosing them if I could go back more conveniently.
- However, <u>not only</u> have I made my cues confusing enough, they are very...<u>selectively communicative</u> on their <u>own</u>.

Top secret:

- IF you LOVE them, DO NOT let your significant other know your signals.
- This <u>DECIDEDLY</u> isn't a "<u>sharey</u>" thing.
- In fact, it would be <u>kinder</u> to <u>loving share</u> your <u>onion buffalo chili gas</u> with them, in the spirit of <u>sharing everything</u>.
- So...<u>Remember</u> how <u>some figures</u> want to make your life <u>miserable</u>?
- Do you <u>understand</u> that <u>they can lie to you</u> using this technique, and that <u>this tool</u> is used to <u>"detect"</u> that we need to <u>examine something</u>, more than an <u>actual</u> beacon of truth?
- This technique is <u>vague but useful</u> in <u>your</u> hands, like an Inner precious metal detector...a <u>blackmail tool</u> in <u>theirs</u>, <u>if</u>, <u>AND ONLY IF</u> you <u>give your cues</u> to someone

who affects your life in pretty much any way.

- Your wife will <u>NOT</u> be "<u>using it against you</u>", to be <u>clear</u>...
- <u>You</u> will have <u>compromised</u> the situation.
- <u>You</u> will have used it <u>against you</u> the first time she <u>asks</u> you if you can tell that she's gained weight and your twitchy finger responds with "YES, YES, <u>YES</u>, YOU'VE GAINED WEIGHT!!! LOTS OF WEIGHT!!!".
- She's innocent for simply reacting to a hurtful, albeit unconscious comment.
- Knowing <u>such a comment was possible</u> from an Inner troublemaker, it is <u>your fault</u> for hurting the other person's feelings by <u>revealing your lie detector</u> after my warnings.
- Remember my warning marked in red. If a <u>figure</u> wants your husband <u>gone</u>, <u>he</u> might <u>send this message</u> to him, <u>even</u> if it <u>isn't true</u>.
- I was lucky. I figured this out on my own.
- Mine harmlessly chide my video game skills before I notice I've screwed up, and "yell" at movies. They <u>can't cause damage</u> if <u>only I</u> can decode them.
- So, the lesson is, <u>don't</u> share signals with <u>anyone</u>.
- If you have a <u>less lovely trickster figure</u>, it might be <u>happy</u> to trick your gullible friends into the desert to look for aliens, or claim to be someone's dead grandmother.
- You might know <u>not to</u> listen to it when it tells you to live on nothing but <u>pickle</u> <u>brine</u>, but someone who <u>admires</u> your figures <u>unwaveringly</u> might listen to it.
- It creates unnecessary nonsense.

- I have <u>warned myself out of culpability</u>... I <u>don't</u> want to be a <u>relationship</u> <u>destroyer</u>...
- Make it so that <u>you</u> are the <u>only one</u> capable of <u>deciphering</u> your signals <u>wrong</u>...by <u>not sharing them</u> in the first place.
- If you choose to share them <u>now</u>, it's <u>DEFINITELY</u> your problem.
- If your loved ones <u>don't believe you</u> about keeping it <u>secret</u>, and demand to know your lie detector muscles anyways, show them a <u>selective collection of my</u> <u>warnings</u>, and show them this:
- "<u>If you really love someone, you won't compromise the relationship by showing</u> them your lie detector muscles. These muscles CAN lie."
- This also goes for people you <u>barely know</u>, <u>and</u> people you <u>hate</u>. Your <u>tells</u> are capable of saying <u>anything the Inners find useful</u>, <u>not just true</u>.

To the less friendly people:

- Perhaps it should be <u>said</u>...Anyone who tries to use this to <u>interrogate</u> someone may be led <u>under a convenient crate of falling anvils</u>.
- Inners can lie and out-think their <u>own</u> humans. They can <u>likely</u> lie and out-think <u>other humans</u>.
- Based on <u>some</u> of my readings, a <u>number</u> of figures are thought to be <u>non-linear</u>, and this, as I <u>may</u> have mentioned, I <u>suspect</u> of being <u>true</u>.
- And, as you Know, I believe what I experience.

Motivation to lie to other humans:

- Not only can <u>some figures</u> circumvent and lie to their human hosts to a <u>surprising</u> <u>degree</u>, they <u>all</u> have something to lose from helping <u>any danger to their host</u>.
- You have less to lose interrogating someone's <u>guard dog</u> for information. You'll get <u>nothing</u>, if <u>not</u> more problems.
- Let's put it <u>this</u> way...I've seen a lot of thrillers on TV...and an interrogated <u>human</u> will avoid a fearful unknown future using either the truth, or lies that may pass for the truth at the moment. Simple and expected.
- A figure, <u>on the other hand</u>, may <u>screw</u> with your <u>timing</u>, and will <u>lie</u> in whatever way will end the <u>most comfortably for its host</u>, and <u>violently for the aggressor</u>.
- If it <u>can't ensure the host lives</u>, a strong and vengeful figure may <u>yet</u> make sure you get hit by a bus, or die eating contaminated pizza a couple of months later.
- All it has to do is <u>end the conversation</u> at <u>exactly the *right second*</u> to align your chain of actions <u>just wrong</u> for you.
- You will <u>only think</u> you can surprise it with your timing. Theoretically, it can <u>already</u> <u>predict when</u> you'll alter your timing, and <u>how many times</u> you'll alter it.
- <u>Some figures</u> can theoretically see <u>all possible</u> eventualities <u>right now</u>. I <u>don't</u> get it. <u>Some figures</u> can theoretically travel up and down the streams of time, like salmon. Again, I <u>don't</u> get it.
- And again, these figures will <u>usually</u> convey their prophecies in a way that <u>only</u> makes sense when you run it through a metaphor dictionary.
- Those who <u>harm others</u> are often <u>poorly backed up</u> on the Inside, so this may be one of those <u>rare instances</u> in which a <u>death penalty may travel from a wronged</u> <u>human into a guilty party</u>.
- <u>Allegedly</u>. I've seen some <u>amazing things</u> happen, <u>personally</u>.

- This <u>may</u> be what <u>some people</u> refer to as a <u>curse</u>. Just a personal figure's <u>non-</u> <u>linear adjustments in timing</u>, for <u>specific protective results</u>.
- The built-in lie detector is <u>archetypal</u>, <u>metaphoric</u>, <u>non-linear</u>, and capable of <u>lying</u>, and therefore an <u>impediment</u> to interrogative techniques.
- It is <u>intended</u> as a way to pick up on <u>personal intuition</u> alone. Let's <u>all</u> leave it that way, <u>shall</u> we?

Back to couples...:

- So, a <u>further note</u> to couples, this isn't a "<u>we share everything</u>" <u>romantic</u> thing to <u>share</u>, because it can be <u>hijacked by figures</u> to tell <u>cruel or "convenient" lies</u>. These lies may <u>focus on insecurities</u>, and <u>revolve around the needs of the figure</u>.
- <u>You'll</u> Know how you <u>feel</u>, but <u>others can't</u> understand the <u>difference</u>, and will be <u>genuinely mortified</u> by what you <u>"think" about them</u>, <u>true or not...</u>
- As a <u>special note</u>, I never attempted to <u>reveal</u> my detector, and am <u>EXTREMELY</u> <u>glad</u> for it. <u>Mine</u> didn't progress far beyond rude and mildly opinionated.
- I <u>eased off</u> on practice at one point, as I wanted to monitor the technique's <u>progress</u> before it became too powerful. I am currently pretty satisfied with the amount of information it gives me.
- I <u>may</u> choose to <u>upgrade</u> its capabilities again, now that I understand what it's on about.
- It <u>really</u> does its <u>own thing</u>.
- Practice makes improvement. There is no perfect.

<u>Tips</u>:

- *Don't choose large muscles*. Fingers or toes are ideal.
- Large muscles are inconvenient overall, and less prone to twitch.
- <u>Don't</u> pick muscles you <u>know to cramp</u> occasionally, because I <u>doubt</u> you'll want them <u>also twitching</u>.
- <u>Don't choose muscles</u> that will <u>be in use</u> when you need your detector. If your hands are <u>always full when you need them</u>, choose better muscles.
- May I <u>again say</u> I wish I'd chosen toes.

How to Program the Machine:

- Here's what we've <u>all</u> been waiting for...
- In <u>this</u> case, I will explain the use of <u>fingers</u>, as they are my <u>personal trigger</u> <u>muscles</u>.
- Choose a "yes" finger or toe (or toe cluster).
- <u>Tap it repeatedly</u>, as though you are <u>impatient</u>, while repeating the word "<u>yes</u>" 20-30 times.
- Choose a "<u>no</u>" muscle.
- Again, <u>tap</u> it as though you are <u>impatient</u>, while repeating the word "<u>no</u>" 20-30 times.
- Now <u>alternate</u>, "yes, yes, no, no, no..." <u>tapping accordingly</u> until the practice starts to lose meaning.
- The more you do it, the more you entrain it.

- This is a kind of <u>calibration</u>.
- (If you know anything about self-hypnotism, you likely know that something similar is often done actively with a pendulum. A pendulum is <u>safer</u>, but only ideal for short sittings. As we don't all walk around <u>carrying</u> a pendulum, it can't actively report on life data as it happens).
- Try and calibrate for about a half hour a day.
- It doesn't matter if you do it in front of the <u>television</u>, <u>as long as</u> you're <u>somewhat</u> invested in the process, and the people on the TV aren't coincidentally shouting the wrong prompt.
- <u>Repeat</u> this basic prompting exercise <u>for at least five days in a row</u>. The <u>more</u> <u>attention</u> you give it, the <u>stronger it gets</u>.
- Start with <u>five days</u>, then <u>monitor</u> progress <u>before</u> progressing. Don't <u>overdo</u> it until you can <u>gauge what's happening</u>.
- After all, as we've <u>established</u>, <u>many</u> of them are <u>evilly thinky</u> little <u>gremlins</u>, and <u>yours</u> can likely <u>out-think me too</u>.
- Care is of the <u>utmost</u> importance.
- You <u>may experience</u> effects <u>I haven't foreseen</u> if you barrel into the realms of power <u>before</u> developing <u>control</u>.
- Besides this, "sleeping on" certain new abilities seems vital.
- The effects of <u>some</u> exercises may take a <u>little time</u> to show <u>quite sudden</u> <u>improvement</u>. You often won't even <u>know</u> what you've done until a day or two after.
- Finish with <u>ten repetitions</u> of "<u>If my Highest Self knows I'm not ready</u>, <u>I won't</u> <u>know it yet</u>". This just covers your ass.

The Highest Self:

- If I <u>haven't</u> mentioned it <u>enough</u> yet, the <u>Highest Self</u>, among <u>other names</u>, is the <u>overall you</u>, including <u>functions you don't consciously affect</u>.
- You may be the protagonist, but this figure is the novel.
- <u>You</u> play the computer game. <u>This figure</u> is all the code and the hardware.
- It doesn't just know how the game ends, it's <u>all possible alternate endings</u> of the game <u>at once</u>.
- If any figure has divine connections, it is this figure.
- It is often said to have <u>no form</u>.
- Let's be <u>clear</u> about <u>conscious control</u>...
- You are the part you consciously control.
- Things you <u>don't consciously control</u> most likely include your dreams, emotional reactions, spontaneous thoughts, memory storage and retrieval, and unconscious bodily functions like breathing, hair growth, and blood flow.
- You, <u>as you know you</u>, likely account for <u>well</u> under 5% of your <u>whole process</u>, which
 is said to <u>resonate with divine functions</u> if you can <u>connect it right</u>.
- <u>Correct practice</u> will yield results.
- Being good at <u>mental pushups</u> may increase the speed at which you develop this technique.
- As with many of the other things I teach you, body sensation is useful.

• The <u>feelings</u> of "yes" and "<u>no</u>" in <u>conjunction</u> with the words <u>should greatly amplify</u> <u>your progress</u>.

<u>Alternate Programs:</u>

- <u>Yes or no</u> for a <u>particular figure</u>.
- <u>Yes or no</u> for <u>archetypal responses in general</u>, to set them <u>apart</u> from more conscious ego-based messages. (<u>Highly recommended</u>!!).

Theoretical usage:

- <u>Embedded reminders</u> are <u>only a theory</u>.
- I haven't tested them <u>very much</u>, or with <u>any great success</u> yet, but <u>some</u> of you are <u>theoretically</u> capable of it.
- Just don't <u>rely on it</u> for a long time <u>after</u> acquiring it, and don't rely <u>solely</u> on it for <u>anything</u> a figure might want to sabotage.
- You <u>might</u> wonder <u>why</u> I think this would be a useful application ...
- Well, I <u>sometimes</u> hallucinate the kitchen timer going off just before the <u>real one</u> does, and the <u>hallucination</u> knows how to make better noodles.

In case of emergency:

- Help!
- You thought fingers were right, but toes were better ... !!!

- You ignored my <u>VERY SPECIFIC WARNINGS</u> and someone you love or hate can now read you like a <u>book</u> and you <u>absolutely can't</u> afford it right now!!
- Easy....Just Relax.

Removing yourself after being glued to a post:

- Congratulations, this is going to SUCK for you...
- Let's start off with instructions for *complete removal*.
- First, perform the same exercise you used to program new fingers...
- <u>Except</u>.....
- Do it <u>every day</u>, or <u>even</u> every <u>so many hours</u>, with <u>completely random new fingers</u>, to the <u>point</u> where <u>you have to actually stop and think</u> about <u>what each finger</u> <u>means</u>.
- The fingers will <u>begin to mean several random things</u> at once, rendering them <u>collectively useless</u>.
- You can program new ones again later, or <u>abandon practice altogether</u>.
- (<u>Alternately</u>, if you're <u>sure</u> you <u>want to keep the tool</u>, you can retrain it somewhere else instead of randomizing it. It will still take a <u>little</u> while, but will prove a lot easier than removing it completely).
- If you're <u>discontinuing practice</u>, you will still experience <u>occasional twitches</u> as you quit.
- As soon as you <u>stop caring about them</u>, the last meaningless twitching will start to fade. This will be <u>easy for some</u>, and <u>slightly more difficult for others</u>.

- Solving will make <u>this part</u> of the process faster, if the twitching sticks around <u>longer</u> than you'd prefer.
- The main factor is that the importance MUST be removed from the effect.
- You <u>may need</u> to <u>solve your annoyance</u> to accomplish this, <u>rather than</u> the effect itself.
- You must <u>cultivate disinterest</u> in the effect to make the body just as disinterested.
- The effect will eventually vanish if you can truly ignore it.
- The <u>body</u> is trying to fulfill a <u>purpose that interests you</u>, and <u>will</u> lose interest <u>when</u> <u>you can</u>.
- This <u>emergency practice</u> should <u>prove effective reasonably quickly</u>, with <u>dedicated</u> <u>focus</u>.
- If you fear it will provide a disclosure problem <u>until</u> then, <u>announce</u> that you're randomizing your cues, and then fake the odd cue to cover for slips.

<u>A powerful tool:</u>

- Like <u>any</u> power tool, a built-in lie detector should be used with <u>every proper</u> precaution in place.
- Unlike a power tool, it'll become as strong or weak as you choose to make it.
- Remember to <u>defocus</u> if you ever feel <u>too conscious</u> after any exercise.
- "<u>Stumbling to the bathroom at night</u>" auto-pilot mentality is the <u>most effective</u> against focusing too much.

- I know hangover remedies help with some of the skills I teach you, but <u>probably</u> <u>not this</u>.
- Also, try to slow your pace to 20% if anything feels overwhelming.

Strict order:

- Have <u>control in place</u>, <u>before technique</u>, <u>before power</u>.
- This is the only safe order for performing virtually any part of my work.
- <u>Ease into everything</u>, and <u>know what you're doing</u> before making <u>anything too</u> <u>strong</u>.
- *Don't* overestimate your abilities with <u>new</u> techniques.
- If you attempt a <u>back-flip</u> now because you've learned how to <u>somersault</u>, you're <u>going</u> to get <u>hurt</u>.
- Treat <u>each new technique</u> with the <u>same</u> careful respect...<u>or learn why you SHOULD</u> <u>have</u>.

12.15.11

Cat Doesn't Write Much on Her Birthday

{Current Playlist: Leave a Light On by Marble Sounds}

Liverish: *How's your morning, Cat?* <3

Cat: What do you want?

Liverish: *Aw*, don't <u>be</u> that way...

• I <u>know</u> what this place <u>is</u> now.

Cat: And?

Liverish: *Thought* you'd *like* to *know* is all...

• Cat sighs.

Cat: *Can you give me <u>any</u> more?*

Liverish: Afraid not, Cat,

• but <u>now</u> I'm going to <u>insist</u> I have one <u>hand on you</u> at all times.

Cat: <u>Great</u>...

• I'm not sure I'm <u>good with that</u> if you haven't given me a <u>reason</u>.

• {A funny conversation between Cat and her Outer World sister is scrawled in broken Japanese for the next three pages}.

Chapter 10: Archetypal Cover-Ups and Downs

"Figures aren't like people. They are practically anatomical. Purpose matters. You can't walk on your ears or smell with your ankles. We don't fit all roles either. Figures aren't like people. They are practically anatomical."

-Doom





{Current Playlist: Little Boat by Charlie Byrd}

Future Liverish: <u>Good</u> fucking <u>day</u>! <3

 For <u>some</u> reason <u>you're</u> watching <u>Danna's</u> Docu<u>men</u>taries! <3

Danna: <u>What</u> are you <u>doing</u>, Lee? (3

Future Liverish: If you can't beat them, join them until their game stops being fun ...

Danna: We have <u>ways</u> of dealing with <u>those</u>, you know. $\langle 3...$

Future Liverish: Big fucking deal.

- I'll be a <u>crater</u> when you de<u>cíde</u> I am <u>anyways</u>.
- Why <u>wait</u>? <3

Danna: ...<u>Okay</u>, Lee. <u>How</u> about this? We're going to introduce someone today who may be

- {Future Cat: DANNA! HE'S BEEN <u>PART</u> OF <u>THE WHOLE STORY</u>!! AND <u>YOU'VE INTRODUCED</u> HIM ALREADY!!...6.5.17}.
- {Danna: Not in a *fun* way, Mittens. Not in a *fun way...*6.5.17}.
- {Future Cat: <u>NO</u>, Danna. NOT <u>THIS</u> TIME! <u>Spoiler</u>, <u>THIS EPISODE</u> <u>INTRODUCES SOMEONE</u> WHO HAS <u>ALREADY</u> BEEN <u>INTRODUCED</u>!...6.5.17}.
- {Danna: For <u>dramatic effect</u>, Mittens. <u>Don't</u> underrate my <u>capabilities</u>. I'm a <u>marvel</u>. (3...6.5.17).

Future Liverish: Now you're doing trash television?

• Am I supposedly the father of something?

Danna: No.

- But this man has altered your life,
- and <u>Cat's life</u>,
- and even though he has been a guest already,
- I feel you two deserve a whole episode dedicated to your part in each others' lives.

- {Danna: <u>See</u>, Mittens? I told everyone that he'd <u>been</u> a guest al—...6.5.17}.
- {Future Cat: —You <u>CAN'T</u> call this an <u>introduction</u>, then...6.5.17}.
- {Danna: <u>This</u> is what <u>happens</u> when we let my \underline{ex} hang out with us. His <u>negativity</u> rubs <u>off</u> on people...6.5.17}.

• {Future Cat: ...Are you <u>seriously</u>...? Now?...I...<u>can't</u> even...<u>No</u>...6.5.17}.

Future Liverish: It isn't Mimi, is it ..?

Danna: Indeed, <u>no</u>.

• {The special guest is revealed...9.6.16}.

Arrow: So, I <u>do your show</u> and <u>nobody</u> gets <u>hurt</u>, is it? • I <u>vaguely</u> feel you have other plans...

- ...But at <u>LEAST</u> I can see him as the <u>enemy of my enemy</u>.
- {Lee looks at Danna in a piercingly victorious way, glancing behind him a bit, as though he's <u>sure</u> Arrow will back him up...9.6.16}.

Danna: <u>Arrow</u>. (3

• Please tell us why <u>Cat</u> should have been with you instead of <u>Lee</u>.

• {Lee <u>spins on</u> Arrow...9.6.16}.

Future Liverish: I'LL KILL YOU, YOU BASTARD!!

Arrow: I didn't SAY it ... HEY!! KILL HER!!

Future Liverish: <u>You were THINKING</u> IT! I <u>HEARD</u> YOU!!!

Arrow: <u>Even</u> if I <u>HAD been</u>, you <u>COULDN'T</u> have <u>HEARD it</u> over <u>YOU</u>!! You're <u>making</u> the <u>crack</u> <u>in the GLASS bigger</u>!!

• {The crack in the glass peacefully continues to leak sea water...9.6.16}.

Future Liverish: I <u>DON'T CARE</u>! • I'LL FUCKING PORTAL OUT OF HERE!!

Danna: Uhh...<u>no</u> can <u>DO</u>...(3

Future Liverish: <u>You</u> have an IN-<u>OUT</u> barrier!?

- THAT CAN KEEP US ALL IN !?
- EVEN MY PRISON SHIP DIDN'T HAVE THAT !!
- THAT'S BARBARIC! TO YOUR FUCKING SELF !!

• {A shield that protects what's outside of you, from you...9.6.16}.

Danna: I want to play a <u>game</u>...{3

Future Liverish: <u>Trickster</u>.

- I don't care if you're a tiny blue secretary hosting an illegal inner talk show.
- You're a ruthless evil genius and I'll <u>Kick your ASS</u>!
- <u>Don't play cute</u>.

• {Danna scrutinizes him sharply...Then laughs...1.30.17}.

Danna: Are you Kidding?

- All three of us are counting on you for survival. (3
- That's why Cat picked you.
- You're <u>reliable</u>. (3
- *{Having incited Lee to attack Arrow, it seems Danna is trying to get a <u>little more</u> <i>fight the <u>other</u> way around...1.30.17}.*
- {Arrow is very loud suddenly...9.6.16}.

Arrow: Are you <u>KIDDING</u> DANNA!? • I'm not falling for <u>tha</u>— Future Liverish: —Ad<u>MIT</u> it, <u>beta {vox}</u>... Arrow: You are SO FUCKING DEAD, LEE!!

Future Liverish: You think you can KILL ME !?

Arrow: I KNOW I CAN BECAUSE I HOLD BACK!!

- YOU FIGHT LIKE A FRANTIC LITTLE KID WITH AN AXE.
- I'D <u>RATHER</u> NOT <u>BLAME</u> YOU FOR YOUR IMMATURITY,
- AND SO I <u>GO</u> TO <u>GENTLY</u> DISEM<u>POWER</u> YOU AND WIND UP WITH A FEW <u>CUTS</u> IN THE <u>PROCESS</u>.

Future Liverish: LYING TO IMPRESS <u>CAT</u>. • WELL-<u>PLAYED</u>, BUT SHE <u>DUMPED</u> YOU <u>BEFORE</u> SHE HIT <u>PUBERTY</u>.

Arrow: I Know you always do, but what am I?

• I'm trying not to pick a fight, Lee.

Future Liverish: Of the <u>THREE of us</u>, I'm convinced <u>I</u> can survive the onslaught of <u>laser</u> piranhas. <u>KEEP</u> MAKING ME <u>MAD</u> AND <u>HAVE A NICE DAY</u>!!

Danna: Oh, the <u>vortex won't run out</u>. <3

Future Liverish: What, there's a bottomless supply of those things!?

Arrow: And we're stuck in HERE.

Danna: <u>Mittens</u>? (3

Future Cat: Yes, Danna?

Danna: Would you <u>do</u> something for <u>me</u>? (3

Future Liverish: What is it, Danna?

Danna: Look over there...

Cat: What am I looking at?

Danna: ...Don't worry about it, Cat.

- I need to get through to Elevatorport Head Office.
- Can you please help page me through?

Future Cat: Do you realize this chapter is jammed on italics?

Danna: I'll seriously consider that, Mittens, but it's hardly relevant. (3

Future Cat: <u>Her</u>??

- {This figure has <u>not yet</u> been introduced. Cat is surprised to find her working for Danna at Elevatorport...}.
- {I'm not sure who decides <u>what's</u> a spoiler any more. We can't <u>show Ki yet</u>, apparently. Hopefully <u>another</u> {figure} oversees the planning of the next book...9.6.16}.

Danna: I <u>offered</u> her the job and she <u>took</u> it. (3

Future Cat: ...<u>Brave</u>...

• {Cat initiates a long-distance call with Ki, who is speaking in <u>mood</u>, from the <u>heart</u> (as a geographical mental location)...9.6.16}.

 {Under normal circumstances, Ki talks to Cat via a <u>birthday hat</u>. The chin strap and light weight make wearing it while flying a breeze! Ki claims it can work in places where <u>normal communication</u> has been blocked...6.5.17}.

Future Cat: Elevatorport <u>H@</u>?

??: [...].

Future Cat: Yeah.

• I <u>know</u> this episode is jammed on italics.

??: [...]?

Future Cat: If <u>Danna</u> wants <u>italics</u>, Danna <u>gets them</u>.

- I'm Kind of worried my <u>mouth</u> is affecting my <u>job</u> status.
- I'm saving my issues for the <u>big problems</u>.

??: [...].

Future Cat: You're <u>mood messaging</u>. • Of course you don't sound severe.

??: [...]?

• {Cat pauses briefly, to pass on a message...}.

Future Cat: Lee? • *{*"[...]"*}*.

• {He looks at her sarcastically}.

Future Liverish: <u>Not</u> quite <u>Knee deep</u>.

- · The hole's getting bigger, though.
- Those <u>nasty</u> little <u>bastard fish</u> are coming through.

Future Cat: Does that mean you don't have an <u>Out-In barrier</u>, Danna?

• {Again...In other words, things can get into the underwater base, but not out...}.

Future Liverish: I TOLD YOU SHE WAS PSYCHO.

- YOU BUILT A PERFECT SPIKE PIT AND JUMPED INSIDE.
- <u>EERIE</u>!?

Eeríe: Yes, I'm here too.

Future Liverish: Anyone <u>else</u>?

Eerie: I've checked.

- I now possess a <u>detailed map</u> of the <u>perimeter</u> by <u>memory</u>.
- I feel uncomfortable being written in italics.

Future Liverish: We don't have time for this.

- <u>Cat</u>.
- <u>Answers</u>.

??: [...].

Future Cat: Can't <u>afford to</u>?

- <u>That's</u> why you're <u>stalling</u>?
- The water will <u>cause a disaster</u> if you do?
- Get <u>Doom</u> on the line...

Doom: [...].

Future Cat: <u>No</u> one is using <u>human</u> words.

Future Liverish: <u>Outsourcing</u> to the <u>Unconscious</u>.

- <u>Smart.</u>
- Sending a human to communicate with it.
- <u>Smarter</u>.
- <u>Cat</u>?
- <u>What</u> does she <u>say</u>?
- Focus really, <u>really</u> hard.

Future Cat: She <u>says</u>...

• <u>Mimi</u> can summon you <u>out</u>!

Arrow: <u>Mimi's going to rescue you</u>, Lee.

Future Liverish: I'm going to <u>Kill you</u>, Arrow.

- There's nothing saying we ALL have to make it back ...
-<u>After what you did</u>?
- There is no forgiveness...

Arrow: I regret saying that ...

- We're about to be <u>drowned and eaten</u> at the <u>same time</u>.
- I shouldn't decrease our chances of rescue, due to idiocy.

Danna: I <u>Knew</u> I invited the right guys down here to <u>save me</u>. (3

Arrow: Your <u>enemies</u>?

Danna: Sur<u>vivors</u>!

- Despite your willingness to kill me AND each other,
- You will destroy the bubble simply because you aren't allowed to die.

Future Liverish: Aren't <u>allowed</u>?

Danna: <u>Seems</u> that way.

- What <u>HASn't</u> tried to <u>Kill</u> you,
- <u>including</u> what we're about to <u>face</u>...? (3

Arrow: That's fair.

Future Liverish: <u>I get it</u>.

- The glass begins to break through.
- {The fish are pouring through onto the carpet with the water...1.30.17}.
- A vortex forms in the air.

- They are forcibly sucked into it.
- They land on Future Liverish's airship.

Danna: My precious evidence...

Future Liverish: Thank gods.

Arrow: We <u>all do</u>, Lee.

• {Danna is sitting on a stair, wringing out her socks...1.30.17}.

Danna: Next time, by Danna Productions...Danna's Game Show...(3

Future Liverish: <u>Limit</u> your <u>business</u> types. • Where's Mimi?

Danna: She has to stay <u>off-screen</u> until she's introduced.

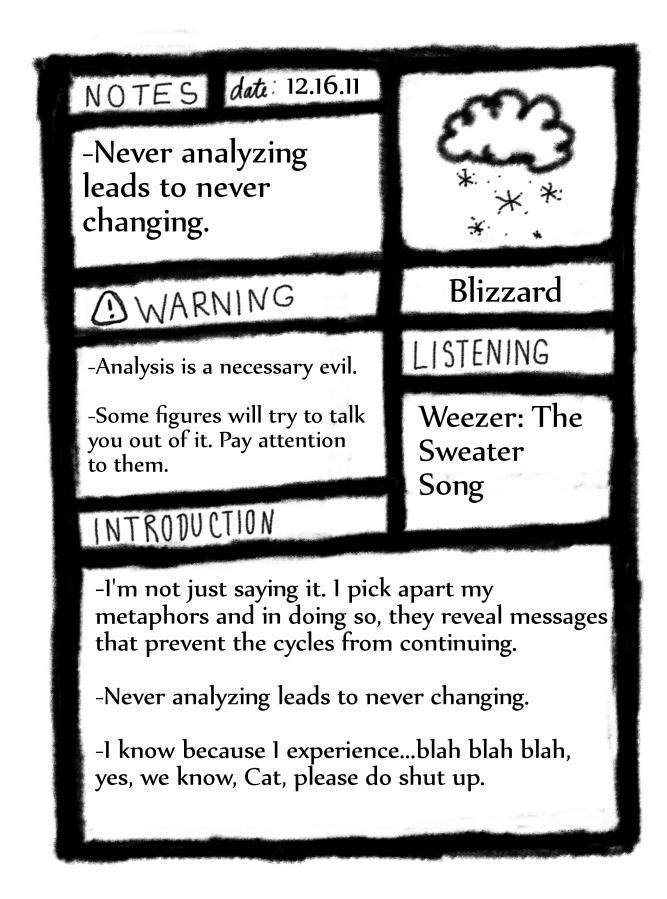
Future Liverish: This <u>all</u> makes <u>no</u> fucking <u>sense</u>, I hope you know.

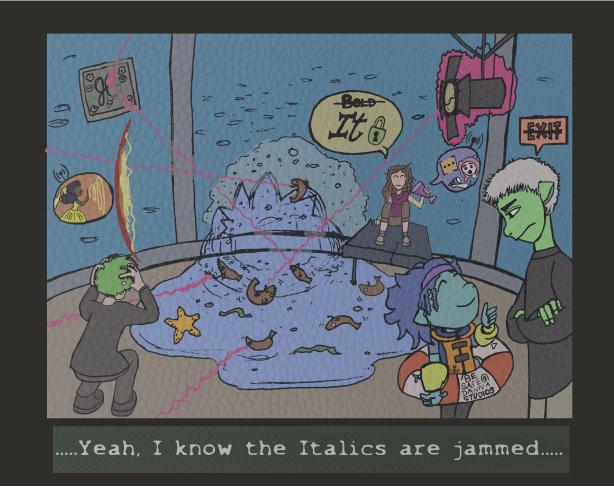
- <u>None</u> of it.
- The <u>Chapters</u>.
- The <u>exercises</u>.
- {What constitutes a spoiler to you...1.22.16}.
- None of it makes any sense.

Danna: You <u>aren't looking at it right</u>. <3

Future Liverish: <u>I look at it all right</u>.

Danna: Not <u>this</u>! (3 • <u>Bye</u> all! (3





- {Future Cat: <u>No</u>, Danna...I <u>WASN'T</u> at the base when it flooded...11.9.17}.
- {Future Danna: Shall we say you were there in *spirit*, then?...11.9.17}.
- {Future Cat gives her a look of tired disapproval...11.9.17}.
- {Future Danna: Shall we *redo it*, then? <3...11.9.17}.

• {Future Cat: "<u>In spirit</u>" was it?...11.9.17}.

12.16.11

The Turtleneck Defence

Cat: <u>Sokien</u>?

Liverish: *Figures* you'd <u>call</u> her <u>first</u>. • <u>Bitch</u>.

Cat: ...<u>Sokien</u>?

Liverish: <u>Cat</u>!!

Cat: ...<u>There</u> you are.

Sokien: I'm <u>quite</u> busy, Cat.

• <u>This stupid fuck has me working day and night</u>.

Liverish:**do <u>tell</u>...*

• {*Missing Caps noted...3.8.16}

Sokien: You know what, you pissy little twerp...?

• We're <u>DEALING</u> with you.

Liverish: <u>Are you</u>...?

• <u>Tell</u> me when you <u>matter enough</u> for me to pay <u>attention</u>.

Sokien: Look, you creepy little bastard ...

• <u>I'm not</u> someone you can <u>deal with</u> without getting the <u>hammer of justice</u> from someone <u>else</u>...

Liverish: Because *apparently* your *betters* care *so much* about <u>Cat's</u> well-*being*...<3

• Cat {just} watches, expecting aggression.

Liverish: And I'm *telling you*, Cat.

• I'm <u>altering</u> my approach.

Cat: ...I <u>can't</u> comment <u>accurately</u>, yet.

Liverish: *Fuck, Cat.*

- You'll be <u>shocked</u>,
- I'm <u>sure</u>...

Sokien: You can't shock oatmeal, can you, Cat...?

• <u>what</u> are <u>you</u> on about?

Liverish: *I want power*,

• and <u>currently</u> she's <u>giving me less</u>.

Sokien: You <u>fucking</u> moron!

- She's <u>half</u> of you.
- You're *breaking* down <u>half of you</u>!!

Liverish: Be<u>cause</u> I thought if you defeat it,

- you can <u>use it</u>.
- There <u>are extenuating factors</u>, though.

Sokien: *Like*!?

Liverish: *Look, purple bitch,*

- I've got no time for you either.
- I have <u>no</u> intentions of <u>discussing</u> this in <u>front</u> of <u>Cat</u>.

Sokien: <u>*Cat*</u>.

- Things are changing,
- o<u>kay</u>?
- <u>*Try*</u> to keep <u>stronger</u> than him.

Cat: <u>Keep</u>?

Sokien: <u>Cat</u>.

- *He <u>can't</u> harm you <u>fully</u> at this point.*
- <u>Use</u> it.
- Re<u>mem</u>ber.

Cat: <u>How</u> do I <u>use</u> it?

Sokien: (When you have the oppor<u>tunity</u>. Gods your* dense).

- {*uncharacteristic Sokien spelling error...!}.
- {*So* uncharacteristic in fact, I'll need to check this for a *signal* or something later...9.6.16}.

Cat: (You <u>aren't</u> helping me <u>get</u> what's going <u>on</u>).

Sokien: <u>Cat</u>...

Liverish: <u>Heh</u>.

Sokien: <u>You</u>...

- <u>shut</u> the fuck <u>up</u>...
- I'll <u>get</u> my oppor<u>tunity</u> you little <u>twerp</u>.
- {And there is an {archetypal figure} by the name of Twerp later. There *may be a connection*, as *Sokien uses this a lot*...9.6.16}.
- {In case you don't remember, Lee's form was three feet tall until he reached the appearance of twenty-six or seven or something and gained the ability to fluctuate at will, cementing <u>only</u> when he became <u>more incubus than imp</u>, due to repression of my weird desires. He became a <u>viable main {vox}</u> after I broke off my teenage romance phase with Blue. Immediately after gaining height, Lee became derogatory to four-foot-tall figures. To be clear, he is <u>also</u> a Shadow figure, and regularly makes fun of Shadow figures and Shadow language. He attacks green-energied figures more than other representations. He makes <u>no sense</u> to me when he chooses his personal battles, <u>at all</u>, so I've just developed a natural habit of trying to <u>reason him back down</u> as a <u>first resort</u>. This can cause problems of its own...1.30.17...65.17}.

Liverish: Sokien,

- I have <u>no idea</u> why Cat would want to <u>talk</u> with you at <u>all</u>.
- At least <u>I</u> wasn't in a position to be<u>tray</u> you...

Sokien: ...

Cat: I <u>know</u> it was an {<u>archetypal</u>} issue...

Liverish: Cat...

• <u>I</u> never <u>posed</u> as a <u>friend</u>.

Sokien: I am her friend,

• <u>now</u> that I'm <u>better</u>.

Liverish: Right, Sokien. Right.

Sokien: I won't feel otherwise on your account.

Liverish: *Leave Cat be, Sokien.*• You've done <u>enough</u> damage.

Cat: Leave Sokien here.

Liverish: *Shut <u>up</u>, Cat*.

Cat: ...

Sokien: (*I <u>know</u>, Cat. I know, I <u>know</u>...*).

• I'm <u>staying</u>, jerkwad.

Liverish: *Then <u>I'm</u> taking Cat <u>else</u>where.*

Cat: What if I don't want to go elsewhere?

- {Future Cat: <u>Lee</u>...<u>Thank you</u> for <u>trying</u> to protect me. <u>Sorry</u> I didn't understand what you were trying to <u>tell</u> me...1.30.17}.
- {Future Liverish: Just <u>listen</u> next time, <u>would</u> you, Small Fry?...1.30.17}.

• {Future Cat: *If you <u>stay honest</u> with me...<u>Yeah</u>...1.30.17}.*

Sokien: Face it, douche,

• you're <u>always</u> the bad guy.

Liverish: Not when I was protecting her from you.

Cat: That doesn't apply in this situation...

Sokien: I'm *follow*ing you if you *take* her *anywhere*.

Liverish: Then she will suffer for your annoyance.

Sokien: Will she?

• I su*ppose* you're admitting to *lying* before.

Liverish: I <u>didn't</u> say she'd <u>never</u> suffer.

• I said "<u>less</u>".

Sokien: I hate you.

Liverish: *The feeling's <u>mutual</u>, you <u>stupid</u> purple <u>cow</u>.
<i>Get <u>out</u> of my <u>head</u>.*

Sokien: I'm <u>not</u>...

• <u>Cat</u>?

• {Sokien has noticed something}.

Cat: I <u>can't tell</u>.

Sokien: <u>Oooh</u>...she's <u>bond</u>ing to you <u>better now</u>...

- maybe things <u>actually are</u> improving.
- {*It was nice of her to <u>want it to work</u> on <u>some level</u>, but she wanted Liverish to be <u>compartmentalized</u> into a <u>generic</u> prince charming for me...1.30.17}.*

Liverish: I don't care which part of this you care about.

• Get <u>out</u> of my <u>face</u>.

Sokien: Why don't you just make Cat say it?

• {Is she talking about the feelings I'm still avoiding showing to him, because he's too much of an *asshole* then?...1.30.17}.

Liverish: You're <u>trying me</u>...

Sokien: You're just a stubborn moron.

• You <u>refuse</u> to let things <u>be</u>.

Liverish: <u>BE</u>!?

- You <u>fuck</u>ing...
- <u>look</u>.
- I can't keep myself from damaging you...
- <u>You'd better leave</u> if you <u>value</u> your <u>hide</u>.

 {Future Cat: <u>Amazing</u>...Sokien wants the attempts at <u>perfection</u> to remain <u>status quo</u> over <u>Nature</u>. This is actually a <u>serious call to arms</u> for an {archetypal figure} like Liverish, though my <u>past ego</u> can't <u>hear or understand</u> it at the time, making it <u>all the worse</u> for him. She's secretly telling him to <u>stay in his place</u>, in order to elicit an <u>honour response</u> from him, in order to make him <u>look like a monster</u> in front of me. She was <u>brilliantly conniving here</u>. I'm as impressed as I am <u>horrified</u> at discovering this. <u>Why</u> didn't you <u>tell me</u>, Lee? You <u>knew</u> I was only pretending <u>out loud</u> not to care about you. You think I <u>still</u> would have picked <u>her</u> <u>over you</u> this time?...1.30.17}.

Sokien: <u>No</u>.

Liverish: Then I'm gonna kill you,

- *<u>won't</u> I?
- {*Note unusual grammar...3.15.16}.
- Liverish is glowing with anger.

Sokien: Do it, you bastard.

• <u>*Try</u>.*</u>

Liverish: <u>Nah</u>, nah, <u>nah</u>...

Sokien: ...

• <u>What</u> are you <u>doing</u> to our <u>environment</u>...?

Liverish: I warned you.

Sokien: (Cat...<u>read it</u>, <u>will</u> you...? What's he <u>planning</u>? His <u>tone</u>?).

• {Cat feels Liverish's oppressive intent}.

Cat: (*He's planning to <u>kill you</u>*. *He seems to be <u>growing</u>*). • [...].

Sokien: <u>Got</u> it.

• You <u>aren't barring</u> me from communication...

Liverish: Sokien, you're a fucking {edited out} if you think you can reach them now.

- {Figures are *impressionable*. If I didn't want the language, maybe I shouldn't have let him stay up and watch late night cartoons...Sokien *too*, though she tried to limit *my own* swearing. Now I'm stuck curbing the attempts of <u>Twerp</u>, the "evil little girl" figure, as she tries to imprint usage of the "C" word on Lee, to get back at me for screwing up and offending her *greatly* during yet *another* of my *bright Inner train-wreck decisions*...3.15.16, 1.30.17}.
- {Future Cat: Say you're <u>sorry</u> for saying that word...9.6.16}.
- {Future Liverish: Of *course* I'm fucking sorry. This is taking up *minutes*...9.6.16}.
- {Future Cat: It <u>is REALLY</u> hard to stay professional around here. It's basically <u>over</u>, the professionalism...9.6.16}.
- {Future Liverish: A*gain*, you were *far less annoying* when you were *stupid*. You had almost *no confidence* and would have *kept this to yourself*...9.6.16}.

• {Future Cat: ...*No I <u>wouldn't</u> have. Remember <u>hard</u>...9.6.16}.*

Sokien: I <u>don't</u>.

- I don't <u>need</u> to.
- Doom, Polly, and the Balance Priestess show up.
- They glow, and produce a breeze.

Liverish: *Fuck*...

• You're <u>here</u> to inter<u>fere</u> again, <u>aren't</u> you...

Balance Priestess: ...

Cat: Did <u>I</u> just get an <u>image</u> of a pitcher of <u>maggots</u>? • <u>Who sent</u> me that...?

Liverish: **Merry Christmas*.

Cat: ...It wasn't from you,

• and you <u>started</u> spelling "<u>Merry</u>" with an "<u>a</u>".*

Liverish: You <u>all</u> have <u>no idea</u> how hard this <u>stupidity</u> is to be a<u>round</u> all <u>day</u>.

Cat: <u>Stop</u> trying to make me <u>oatmeal</u>.

Liverish: <u>No</u>.

• You're stupid <u>again</u> for <u>suggesting</u> that.

Cat: <u>Doom</u>...

- are we <u>still there</u>?
- Can we move deeper?

Doom: *Patience*, Cat.

• Something *e*lse must happen first.

Sokien: ...A <u>Metaphor</u> exercise.

- Cat lists Liverish's worst traits.
- Then his best traits.
- She analyzes his peculiarities: Cow head, green skin, shape-shifting, turtleneck, beady eyes, strength, mental power, trickery, rifts in the unconscious, marriage threat.
- She analyzes her own traits.
- She defines: [rape <u>as in</u> mind rape; Imprisonment <u>as in</u> confined to an opinion set; bodily harm <u>as in</u> mental harm; green <u>as in</u> plants, envy, or decay; size change <u>as in</u> variation in size of issue; high power <u>as in</u> highly charged].

- Cat weighs her marriage options, concluding she 's <u>afraid</u> of being <u>unable to escape the</u> <u>commitment</u> in the Inner world.
- Cat addresses Armadillo vs. Cat: [shell (against enemies) vs. fur (against elements); defensive vs. predatory; bumbly vs. sleek; placement grounded vs. raised; weak to being upside down vs curiosity].
- {??:} A cat relies on speed as her shield is only fur. The deeps are terribly uncomfortable to her. She prefers to be at the top of the world where others' reach can't get her unless she wants it to. Her curiosity may get her in danger. She defends her home ferociously.
- {??:} An armadillo bars herself from potentially dangerous outsiders. She can handle the Unconscious longer than many other creatures by design. She keeps herself low to avoid revealing her underbelly (weak spot??). She can create a home wherever she is.
- {And Lee's cat-like qualities eluded me altogether *even then*? Wow. I was pathetic. It was <u>RIGHT</u> there. His insults deflect back on him<u>self</u> in <u>most</u> situations. <u>Cat</u> as an <u>ironic name</u>, is, <u>again</u>, <u>not ironic on him</u>, but not <u>his</u> name...1.30.17}.
- Cat tests both the <u>armadillo</u> and the <u>cat</u> metaphors for clues to Liverish and his turtleneck.

Liverish: You trying to take my shirt away?

• What the <u>fuck</u>, Cat?

Cat: I haven't tried anything yet.

Liverish: ...

Cat: ...

• {Discussion formed from data at an unknown time...3.8.16}.

Liverish: *Cat* and *armadillos*.

- Heh.
- What've you <u>got here</u>...?
- <u>Armadillo</u>, flipped to be <u>killed</u>,
- Cat flipped to <u>beaten</u>.
- <u>Both</u> rendered vulnerable when flipped on their <u>backs</u>...
- But <u>another way</u>...
- an *inverted armadillo* will have its *stomach attacked*.
- An *inverted Cat* refuses to shield herself from my *energy*.
- Her *willpower goes*.
- Her *shield* goes.
- She is *flipped* and *everything she's <u>got</u> will be <u>devoured</u>.*

- There was a song I wrote when I was a teenager...
- probably <u>they wrote</u>...
- they inserted the concept "words so harsh they keep me fighting".

- I repeat them...they turn me <u>against</u> myself. I have no <u>defence</u>.
- I am completely vulnerable when they <u>reach the peak of their hold</u>.
- He *attacks*, preventing *me* from *closing my shield*.

- {Notice the *song lyrics you repeat*, and tailor any playlists you think are being used against you...9.6.16}.
- {I admit to listening to some brutal lyrics on occasion, to help me draw out negative aspects for battle...6.5.17,11.9.17}.

Cat: It is about making <u>him</u> as vulnerable as <u>me</u>...

Liverish: You can't leave anything well-enough alone.

- At least you <u>know</u>.
- I'm already <u>far beyond</u> your defences.

Cat: Hiding behind your shirt.

• [...].

Liverish: The unravelled <u>shirt</u> story, of <u>course</u>...

• But there's <u>no</u> fucking <u>way</u>...

Cat: ...

Doom: Do not speak now. • Go to bed.

12.17.11

Crossing His Bounds

{Current Playlist: Sponsored by Destiny by Slagsmålsklubben}

Cat: *I...*

- can't <u>believe</u> last night <u>ended</u>.
- <u>Thank</u> you, Doom.

Doom: *H*e is crossing his <u>bounds</u>.

- Cat examines some information on the chakras and tries to apply it to Liverish.
- {If you don't believe in chakras, believe them useful as a *metaphorical map* of the body at the *very* least. They make *very real changes* happen...1.30.17}.
- {Kabbalah and Chinese practices also possesses energetic body map systems. I am only familiar with the basic Yogic Chakra map, and only <u>well</u> in English. I will likely branch out later, but at least for now, I find the Yogic Chakra map the most simple, the most accurate, and most suitable to my situation...6.5.17}.

Liverish: *Think you've got me figured out?*

Cat: Maybe even less than I thought.

Liverish: *Wise* to *admit* your *stupidity*...

Cat: This WILL change.

Liverish: <u>Cat</u>...
• you <u>know</u> I'm <u>IN</u> your <u>shell</u>.

Cat: You are <u>also combined with me</u> on the <u>level</u> you could have hurt me <u>worst</u>.

Liverish: <u>Easy</u>, Cat.

• There's <u>ALWAYS a way</u>.

Sokien: See, you moronic asshole?

• She <u>likes me</u>.

Liverish: <u>She'd</u> ask a {<u>Telebubby</u>} for help at <u>this</u> point.

Sokien: But she didn't.

• (She could have called <u>Doom</u>, you two...).

• For a few pages, an exercise that appears to have been taken from a book is written out in detail.

12.26.11

<u>I'll Dislodge You</u>

{Current Playlist: Survive by Savant}

Cat: You <u>called</u>?

- <u>Why</u> are you being so <u>specific</u>?
- Why <u>now</u>?

Liverish: <u>Whoa</u>, Cat...

- nothing <u>special</u>.
- I *just* want to *press the <u>ritual</u>.*

Cat: You could <u>do</u> that <u>any time</u>.

Liverish: But pressing it is best.

• You have <u>no</u> fucking appreciation for how <u>hard</u> it is to get you off your <u>lazy ass</u> day and night.

Cat: If I was <u>lazy</u> I would be your <u>plaything</u>,

- but I'm <u>not</u>.
- {Liverish scowls}.

Liverish: Yes,

• that <u>IS a fucking puzzle</u>.

Cat: *Face it, we share initiative.*

Liverish: *Tone, Cat,*

- <u>fuck</u>!
- Talk to me with <u>more</u> res<u>pect</u> or I'll <u>stop</u> being so...
- ...conver<u>sational</u>.
- Cat sighs.

Cat: I approve of the ritual, because it sounds safe ...

Liverish: *M*mm...

Cat: *M*mm?

Liverish: But you <u>don't</u> know <u>how</u> I could <u>use the knowledge</u>.

- You're <u>aware</u>...
- I <u>may</u> as well <u>tell you</u>.

Cat: It helps my power as well.

• Liverish draws a graph, showing his power as 3x Cat's.

Liverish: *That much!*

Cat: <u>What</u>?

Liverish: Just reminding you...

Cat: Well it <u>must</u> be important if you <u>care so much</u>.

- I'm not sure which way...
- then again,
- you <u>could</u> be dis<u>tract</u>ing <u>me</u>.

Liverish: Heh...

• <u>even</u> when you <u>know my tricks</u> it does you <u>no fucking good</u>.

Cat: I <u>usually</u> hear the decision to <u>swear</u> or not.

Liverish: *I <u>need</u> to take <u>care</u> in my inter<u>act</u>ions with you*

• because I don't know what I want yet.

Cat: You mean me?

• Or <u>me dead</u>...

Liverish: *Don't be so dra<u>mat</u>ic*.

- I told you I don't want you dead—just under control...
- He looks away, with his hands behind his back.

- {Future Cat: <u>So</u>. You <u>DO</u> realize that <u>pretending</u> to <u>almost kill me</u> with the emotions you actually <u>weren't in control of feeling</u> was <u>probably</u> why I <u>believed Sokien</u> over <u>you</u> for <u>so long</u>...1.30.17}.
- {Future Liverish: *If I <u>looked</u> pathetic <u>once</u>, you would have gone back to treating me as an <u>imp</u>. <i>Could we have <u>that</u>*? It's not like you <u>respected</u> my <u>great power</u>, because you <u>couldn't appreciate</u> its reality...1.30.17}.

Cat: ...

Liverish: I <u>will</u> do what it <u>takes</u>, yes,

- but I'm <u>certain</u> with some <u>time</u> to <u>think</u> about it
- that you'll <u>change</u> your <u>mind</u> and <u>adapt to my rules</u>.

Cat: I'm <u>supposed</u> to be in <u>charge</u>...

Liverish: *But you're <u>not</u>, <u>are you?</u>*

• [...].

Cat: I <u>heard</u> what you <u>added</u>.

Liverish: Well you <u>are</u> a fucking <u>moron</u> who never <u>learns</u>.

• {Something shifts. Cat suddenly feels overwhelmed}.

Cat: You're *pumping* in the *negativity*...

Liverish: <u>Yield</u>...

- *Cat, I'm <u>not trying to</u> sound like a <u>supervillain</u> here.*
- I simply want back what your 'head honchos' over there took from me...
- I would treat you <u>quite well</u> if you would <u>turn</u> {to} me,
- *but we <u>both</u> know <u>that</u> won't happen.*
- {Cat seems to be entering an emotional moment...3.22.16}.
- {Future Cat: <u>Yeah</u>. It's <u>not</u> like you couldn't <u>off-load</u> or <u>enforce</u> some of the <u>burden of</u> <u>processing</u> on <u>me</u>, I suppose. <u>That</u> felt like a <u>threat</u>, too...1.30.17}.

Cat: I can feel you working on me...

Liverish: *Does it <u>hurt</u>?*

Cat: You <u>know</u> it does.

Liverish: You think you're inflated, hmm?

Cat: *I think <u>you're inflated</u>.*

- {She glares at him fiercely}.
- Liverish lifts Cat by the shirt.

Liverish: *Try me, Cat.*

- You <u>can't win</u>.
- {Liverish is giving Cat horrible thoughts}.

Cat: <u>Stop</u> the <u>thoughts</u>...

- <u>please</u>...
- {*Poor reaction* to emotional attack at this time...3.15.16}.
- {This must have been *long* before I had *solving* figured out...11.9.17}.
- {Future Cat: *Excellent communication skills, here, Lee. They almost parallel my willingness to cooperate, don't you think*?...1.30.17}.

- {Future Liverish: <u>*Oh, SHUT UP...DO YOU KNOW WHAT THOSE BASTARDS PUT ME THROUGH NOW??? I WAS GETTING FUCKING DESPERATE...*1.30.17}.</u>
- {Future Cat: <u>Honesty</u> would have been <u>HELPFUL</u>. You were a <u>total</u> wolfcrier!...1.30.17}.
- {Future Liverish: You were <u>scared</u> of your <u>own fucking THOUGHTS</u>. <u>Look</u> at you <u>begging</u> me to <u>stop making you THINK</u>!!...??...1.30.17}.

Liverish: And why should I?

- As <u>soon</u> as I <u>let up on you</u> you're back to <u>trying</u> to make a <u>fool of me</u>.
- Fuck <u>that</u>.
- Fuck <u>you</u>.
- I'll <u>get</u> what I want <u>how</u> I want.

Cat: You <u>can't</u> appreciate <u>limits</u>...

Liverish: On the <u>con</u>trary,

• I know <u>EXACTLY</u> how much it takes to <u>kill</u> you.

Cat: <u>*Stop*</u>...

• *Î don't <u>want</u> to <u>feel</u> this way.*

Liverish: Oh, so you think you should save the ritual for home...

• {Remind me what "*the ritual*" is, guys. It <u>can't</u> be as <u>ominous as it sounds</u>, or I'd <u>remember it better</u>...6.5.17}.

Cat: <u>I</u> don't want <u>anyone</u> dealing with <u>me</u> who <u>can't deal with you</u>. <u>Stop</u> with the <u>suicidal</u> <u>thoughts</u>.

Liverish: I'm just getting started...

- {Future Cat: At *this* point I had such an *incredible backlog* of repressed thoughts, it was <u>killing</u> me. *You were <u>WAY</u> too reckless <u>retrieving</u> them, Lee...1.30.17*}.
- {Future Liverish: *Removing a <u>rock</u> from a <u>giant pile</u> can cause <u>landslides</u>. You had a <u>giant pile of rocks</u> in your <u>noggin</u>, <u>brain-kabob</u>. <u>Not my fault</u>...1.30.17}.*

Cat: I <u>don't</u> want to have those <u>lonely thoughts either</u>;

- <u>only you</u> could make those <u>work so well</u> here.
- {Sadly, if I <u>could</u> have <u>looked at these thoughts</u> better, <u>earlier</u>, I could have avoided the majority of my worst problems...3.15.16}.
- {No <u>wonder</u> he was <u>hurt</u> by my <u>unwillingness</u>...6.29.16}.
- {And <u>still</u> treats me like I'm <u>stupid</u>...1.30.17}.

Liverish: *Of <u>course</u>, Cat.*

- <u>Tonight</u>, you will <u>give</u> me what I <u>want</u>.
- You're a <u>piece of shit</u>, Cat.
- The <u>only</u> reason I bother to co<u>nnect</u> with you

- is your *massive energy* when I *extract it correctly*,
- and <u>your form</u>...
- {Cat half-jokes darkly...9.6.16}.

Cat: You just like me for my body.

Liverish: Heh...

• well-enough <u>said</u> for a waste of <u>time</u>.

Cat: I <u>have</u> to <u>fight you</u>.

Liverish: *Do you, Cat?*

Cat: Things obviously get worse when I do...

Liverish: *That's because you aren't in it for the long haul, Cat.*

• <u>Surrendering</u> isn't enough if you <u>don't really feel it</u>.

Cat: *Why <u>should I</u> feel it, though...?*

- What have you <u>done</u> for <u>me</u> that I should offer you <u>that</u> kind of <u>surrender</u>?
- I <u>can't</u> shut off <u>distrusting you</u>.

Liverish: And I'm sure you won't, so I'll have to take matters into my own hands.

- I can <u>protect you</u> if you co<u>oper</u>ate, Cat.
- I'm <u>al</u>ready protecting you from that <u>crazy woman</u> who's ob<u>sess</u>ed with me...
- FUCK, CAT, STOP TRYING TO PAWN ME OFF ON HER!!!

• {*Could this be the first reference to Mimi*? Unconscious lie detector "*true*" response. And *again*...3.15.16}.

Cat: Maybe I would if you weren't so keen on imprisoning my friends.

Liverish: *Make their* {*safe*} *returns my marriage gift to you...*

• that *is* going to <u>happen</u>.

Cat: ...

• {Cat tries not to think loudly}.

Liverish: I <u>HAVE NOT</u> forgotten the <u>ritual</u>.

Cat: Oww.

Liverish: *Finally*, I've *hypersensitivized* you, if *that's* how you want to *look* at it.

- I <u>always knew</u> there was a <u>coward</u> behind all the willingness to take my...
- a<u>buse</u>...
- {A desperate move on Liverish's part. He is trying to <u>force her to feel her emotions</u>

correctly by insisting he is capable of "*forcing*" her to feel more intensely. (I was *completely* ignorant in the face of his weird messages). At this point, Cat is still operating on the <u>unhealthy emotional procedure</u> "*what I <u>can't see</u> can't <u>hurt</u> me"...*Not *everything* agrees on the *inside*...3.15.16}.

- {*He called my actions "<u>willingness</u>"...*?...6.29.16}
- {*What talkative me from earlier this year is trying to say, is that he's claiming his own symptoms as magical abilities again...9.6.16*}.

Cat: ...

Liverish: Yes.

- It is <u>no threat</u>...
- <u>act</u>ually, it's a...
- <u>symptom</u>.
- <u>Bow</u>...

Cat: A<u>gain</u>...

• <u>Every time you put me in this position</u> I wind up becoming more yours.

Liverish: *Fuck it, Cat.*

• *'ve you got <u>NO</u> sense of self-preser<u>vation</u>?*

Cat: <u>Act</u>ually...

Liverish: <u>Heh</u>.

- Just what I thought.
- I <u>do</u> have some <u>small</u> successes to work with...
- <u>heh</u>.

Cat: So making the <u>vessel</u> that houses your survival <u>masochistic</u> is a crowning achievement?

Liverish: <u>No</u>. <u>Whittling</u> down the <u>brain</u>-drain <u>driving</u> it will <u>allow</u> me a <u>vehicle</u> of my <u>own</u>.

- {*He isn't* as *in-control* of our emotional states as he <u>says</u> he is...No <u>wonder</u> he wanted to enact a <u>takeover</u>...He <u>thought</u> he could do <u>better</u>...3.15.16}.
- {Future Liverish: *When you let me, I DO do better*...1.30.17}.
- {Future Cat: *At <u>Kitchen Scramble</u> and <u>{Plumber}</u> Kart...1.30.17}.*

Cat: ...<u>When</u> should we <u>perform</u> the <u>ritual</u>?

- I'm <u>not</u> sure it <u>is</u> worth <u>fighting</u> over.
- {Liverish smiles smugly}.

Liverish: *To<u>night</u>.*

- 11-12:30.
- Whenever the <u>first chance</u> rears its head.

Cat: In my <u>room</u>?

Liverish: Of course.

Cat: No <u>candles</u>.

Liverish: *Probably for the best.*

• I'd <u>like</u> to get my <u>body</u> worked out before <u>messing</u> around with <u>hazards</u> like <u>fire</u>.

Cat: I'm <u>glad</u> you <u>at least</u> have <u>thought</u> the <u>safety aspect</u> through.

Liverish: I haven't played my game this long to get it wrong...

Cat: ...

Liverish: *Take me to where you're housed and I'll dislodge you.*

Cat: ...

Liverish: People may find you much more pleasant as me.

- *If they <u>do</u>,*
- <u>how</u> could you <u>ever</u> come <u>back</u>?
- {See the later Body Buddy exercise for complications surrounding this kind of problem...6.5.17}.

Cat: ...

Liverish: *HAVEN'T* you considered it?

Cat: You can <u>feel</u> that I <u>have</u>...

Liverish: <u>I used</u> to <u>be</u> there...

- <u>Maybe I'll be recognized</u> with open <u>arms</u>.
- <u>Finally</u> the <u>body</u> won't act <u>CRAZY anymore</u>.

Cat: ...

Liverish: No panic attacks,

- no <u>messes</u>,
- no <u>dependence</u>...

Cat: ...

Liverish: *Just <u>me</u> and <u>you</u>,*

• swapped and <u>cemented</u>,

- in our <u>ideal states</u> for<u>ever</u>...
- *me as a <u>human</u>...*
- and <u>you</u> in an <u>animal cage</u>.
- {Cat's tone is dark and cold...3.15.16}.

Cat: You <u>say</u>, but <u>supposedly</u> {voxes} make <u>terrible</u> drivers.

Liverish: *That's because I've had more time spent watching your every move.*

• Not <u>all</u> have either the capa<u>bility</u> or the capacity to learn in such a unique way.

Cat: Through *imprisonment*?

Liverish: *Ex<u>actly</u>*.

Cat: It may not work as you envision.

Liverish: It <u>doesn't have to</u>,

• not <u>exactly</u>.

Cat: <u>Meaning</u>?

Liverish: <u>Any</u> closer you <u>get</u> <u>adds</u> to my <u>strength</u>... • I've <u>note</u>d it <u>specially</u>.

Cat: Well I'll have to take a chance before your slow breaking process goes much further.

Liverish: *That's the spirit, <u>Cat</u>.*

Cat: I just noticed that I <u>normally</u> wind up being <u>protected by you</u> from {female figures}.

• {Edited material here. Not currently relevant...3.15.16}.

Liverish: *Something* to *think about*, *Cat*.

• If <u>I</u> were you I'd put it <u>out of focus</u> until the <u>main event</u> is over.

Cat: *You <u>mean</u>*— Liverish: —Yes.

- Pre<u>cise</u>ly.
- The <u>wedding</u>.

Cat: <u>No wedding</u>.

- I'm not supposed to do that, I'm sure.
- At least until we have a connection not based on violence.

Liverish: It <u>isn't</u>.

- It's a <u>captor-captive</u> relationship.
- <u>No</u> violence <u>technically</u> has to <u>occur</u>.

Cat: Except starvation and sleep deprivation?

- {Note <u>these symptoms</u> may have marked the start of <u>suspected adrenal</u> <u>fatigue</u>...3.15.16}.
- {At the time I <u>suspected</u> Lee was using a <u>psychosomatic reaction</u> to Shakespeare's "<u>The Taming of the Shrew</u>", one of my required readings, to manipulate me. The <u>timing coincided</u>, but <u>adrenal fatigue</u> was becoming <u>pretty evident</u> at this time, and is <u>more likely</u> what accounts for my difficulties...1.30.17}.
- {Though the fact remains, *strange and coincidental timing* is <u>always</u> somehow a factor when you play too much Story Game...11.10.17}.

Liverish: I only do what YOU make necessary.

Cat: And you're <u>harming me</u> again...

- {Future Cat: *You were <u>actually</u>* doing what was necessary...<u>Sorry Lee</u>...3.15.16}.
- {Future Liverish: You fucking <u>SHOULD</u> be, but I'm <u>PAST that</u> now...3.15.16}.

Liverish: I only do what's necessary.

Cat: ...<u>Ow</u>...

- {Future Cat: I <u>think</u> the <u>alignment</u> is <u>off to the right</u> for the <u>last</u> chapter...9.6.16}.
- {Danna: *Well*, *Mittens*, *Rome* wasn't *built* by *Ed Wood*. <3...9.6.16}.
- {Future Cat: ...*And* <u>who are we</u>?...9.6.16}.
- {Danna: <u>We</u> are going to edit this <u>chapter</u> like <u>sane people</u> who <u>don't</u> have <u>rulers</u>. <3...9.6.16}.

- {Future Cat: I <u>knew</u> the <u>italics thing</u> was coming up...1.30.17}.
- {*FUTURE DANNA: WHAT ARE YOU TALKING ABOUT!? I CAN'T HEAR YOU WITHOUT YOUR ITALICS ON!!...1.30.17*}.
- {Future Cat: {Do} you realize you make me *very tired* sometimes, Danna?...1.30.17}.
- {*FUTURE DANNA: WHAAAAAAAAAAAAAAAAAAAAAAA*.
- {Future Cat: <u>Nothing</u> about <u>this format bypasses dread</u> like Chapter One or Two <u>claims</u> it does, Danna. We're a <u>horrible</u> editing <u>sham</u>, <u>aren't</u> we?...1.30.17}.
- {FUTURE DANNA:
- _____
- •
-

{Miandra: Are you <u>serious</u>? I was the <u>hero</u>. I'm <u>still a spoiler</u>?......I'll show <u>her</u>...Ah no...she's coming back. This'll have to do for <u>now</u>. Cat? I'm suppressing your <u>loud memories</u> of this. *Everyone <u>else</u>, I <u>wasn't here</u>.* Maybe we'd have a <u>little</u> more control over what <u>Danna's doing</u>, if you <u>hadn't all agreed</u> to make me a <u>spoiler</u>......11.10.17}.

{Future Cat: I'm *really sorry*, Mimi. You *should* be in this book...11.10.17}.

{Miandra: You're <u>sweet</u>, Cat, but I was <u>talking about</u> the figures who <u>actually</u> have <u>say</u> over the <u>content</u>—<u>DANNA'S</u>HEREGOTTAGOBYE!...11.10.17}.

• {Danna Shows up...11.10.17}.

{Future Cat: ...*Hey...!!...*11.10.17}.

{Danna: Angry <u>hey</u> looking away to you, too. You're <u>hiding</u> something, and I <u>haven't even</u> seen your <u>face</u> yet. Who <u>suppressed</u> it? <u>Gimme, gimme, gimme</u>...11.10.17}.

{Future Cat: *I think the point is that I can't, Danna...*11.10.17}.

{Danna: I smell cotton candy and vegetarian food. <u>*Mimi*</u> was here...11.10.17}.

{Future Cat: That's what <u>Mimi</u> smells like to you?...11.10.17}.

• {Danna hovers, and gets into Cat's face. She pulls on Cat's lower eyelids and stares her in the pupils}.

{Future Cat: *How's it going, Danna?...*11.10.17}.

• {Danna turns away from Cat, and points intensely at the stars...11.10.17}.

{Danna: I swear to all that is mighty that I *will* find the figure *Cat* is hiding...11.10.17}.

{Future Cat: Figures like you *can't break swears*...11.10.17}.

{Future Danna: Then let the *games begin*, Mittens. *Tell me where <u>Mimi</u> went...11.10.17*}.

{Future Cat: *I don't smell Mimi here*...11.10.17}.

{Future Danna: Words, Mittens. *I can tell by your <u>words</u>*. There is more <u>to</u> this...11.10.17}.

{Future Cat: I'm just a *pawn in this*, Danna. You *know* that...11.10.17}.

{Future Danna: And we <u>all</u> know the <u>underdog</u> is <u>only awesome</u> after <u>hardship</u>. <3...11.10.17}.

{Future Cat: ...Oh good. You thought of that...11.10.17}.

{Future Danna: We <u>may not</u> both be on the same <u>side</u>, but you'll be my <u>sidekick</u> from here on <u>in</u>...until you <u>let something slip</u>...11.10.17}.

{Future Cat: <u>Lee</u> is <u>not</u> going to <u>like</u> this...11.10.17}.

{Future Danna: I'll just <u>block</u> your—...11.10.17}. {Future Lee: —<u>CAT</u>!?}.

{Future Danna: *Well <u>THIS one's</u> a little <u>clingy</u>...11.10.17}.*

{Future Lee: She is <u>NOT</u> going with <u>you</u>, <u>NO WAY</u>...11.10.17}.

{Future Danna: Then <u>YOU</u> tell me <u>who was here</u>...?...11.10.17}.

{Future Lee: <u>What's</u> the fun in <u>that</u>? It's always <u>Danna's Game Show this</u>, and <u>Danna's</u> <u>Corporation that</u>. It's time <u>SOMETHING</u> went fucking <u>wrong</u> for you...11.10.17}.

{Future Danna: Oh, *is it*, smart guy? Okay. *Tell me what it smells like here...*11.10.17}.

{Future Lee: *Fake evergreen*?...11.10.17}.

{Future Danna: *NOT <u>ME</u>*!...11.10.17}.

{Future Cat: *Not synesthizing these with you guys at all*...11.10.17}.

{Future Lee: *Forget it, Small Fry*. You'll learn *one day*, when you're *smarter*...11.10.17}.

{Future Danna: You guys...I'm going to figure out if it was Mimi once and for all...11.10.17}.